

International Association for Resilience and Trauma Counseling
2023 Annual Report
2ND Annual Division Report
FY 2022-2023

Prepared by Dr. Peggy Mayfield, IARTC President and Co-Founder

As I complete my term as President and reflect on this past year, please know that it has been a joy to meet so many of you and to work alongside you to advance the mission of IARTC. *Thank you!* We have accomplished so much, but vital work remains as I pass the torch to our amazing incoming President, Dr. Lisa López Levers, Ph.D., LPCC-S, LPC, CRC, NCC, Rev. Francis Philben, C. S. Sp. Endowed Chair in African Studies (2012-2017), Fulbright Scholar (University of Botswana, 2003-2004), Professor Emerita, Duquesne University. *I am as excited as you are to see her thrive throughout her Presidency!*

Vision: To promote greater awareness and understanding of traumatic stress, as defined by current edition of the Diagnostic and Statistical Manual of Mental Disorders and the current edition of the International Classification of Diseases (ICD)

Mission: To enhance the quality of life for people and communities worldwide by promoting the development of professional counselors; by advancing the ideals of the American Counseling Association, the counseling profession, and the ethical practice of counseling through trauma-informed practices; and, by nurturing respect for human dignity, cultural inclusivity, and resilience.

Key accomplishments:

Developed All-Members Survey: Please complete:

https://www.surveymonkey.com/r/IARTC_Membership_Survey

- Achieved Division Status on March 24, 2022
- **Established IARTC Bank Account**
- Initiated the Collection of Membership Dues
- **Filed Articles of Incorporation on January 5, 2023**
- Held 4 Free Webinars for IARTC Members
- **Applied for NBCC ACEP Accreditation**
- **Acquired EIN on May 31, 2023**
- **Applied for Tax Exempt Status on May 31, 2023**
- **Created and Approved IARTC Policy and Procedure Manual**
- Created and Maintained the Association Website: www.iartc.org
- Created Association Mailchimp Account
- Created Survey Monkey survey to join the IARTC Newsletter Dissemination List

- Created and Maintained IARTC Twitter Account
- Revised Division Bylaws
- Convened Board for Quarterly Board Meetings
- **Appointed Graduate Student Representative for FY 2023-2024**
- **Appointed Doctoral Student Representative for FY 2023-2024**
- Appointed Incoming IARTC Newsletter Editor (2023 – 2026)
- **Achieved 1,699 members**
- Created an Association Budget based on Emerging Finances
- Liaised with Twelve Standing Committees
- **Created Emerging Leaders Task Force 2022 -2023**
- **Developed 5 Trauma and Resilience-Informed Leadership Modules**
- **Created IARTC Trauma and Resilience Exemplary Practices Task Force 2022-2024**
- **Created UN/WHO Task Force 2022-2024**
- **Created IARTC DEI Bylaws & Policy Manual Task Force to Ensure Congruency and an Absence of Barriers 2022-2023**
- Created and Published 2 issues of IARTC Newsletter
- Created and approved 2022-2023 Membership Dues Structure
- Participated in ACA 2022-2023 Election Cycle. Elected
 - o President-Elect Dr. Mathew Walsh for term July 1, 2023 – June 30, 2024
- Sponsored one education session at ACA Toronto Conference March 30 – April 1, 2023 featuring Dr. Peggy Mayfield, Dr. Isak Kim, and Dr. Denisa Millett-- *The Emerging Visage of Vicarious Cultural Trauma: Definitions, Impacts, and Exemplary Practices*
- Sponsored one Poster session at ACA Toronto Conference March 30 – April 1, 2023 featuring Dr. Debra Ainbinder and a group of students who completed original research on over 24 countries.
- Served on ACA International Panel at ACA Toronto Conference March 30 – April 1, 2023
- Facilitated the First IARTC Luncheon for the Board at ACA Toronto Conference March 30 – April 1, 2023
- **Held First IARTC Awards Ceremony at ACA Toronto Conference March 30 – April 1, 2023**
- Held Second Meeting of Association Membership at ACA Toronto Conference March 30 – April 1, 2023
- Held All Committee Meeting in IARTC Suite at ACA Toronto Conference March 30 – April 1, 2023
- Signed IARTC's First and Second Managed Services Agreements with ACA
- Polled IARTC Members on Needs, Expectations, Goals for IARTC
- Issued Call for Submissions for First Issue of *Trauma Counseling and Resilience*
- Issued Call for Reviews for First Issue of *Trauma Counseling and Resilience*
- Provided Feedback to Increase Trauma, Resilience, and International Foci via CACREP Standards
- Published 2 Articles in IARTC Newsletter on DEI Topics via DEI Committee

- Convened 2 Virtual Membership Meetings in Addition to Annual Meeting at ACA Toronto Conference March 30 – April 1, 2023 (All Member Convening, Happy Hour for Grad Students).

Thank you for your support and collaborative efforts! We need you! *We appreciate you!*

Warmly,



Peggy Mayfield, Ph.D., LCPC, NCC, CCMHC, CCTP, CFTP, DCMHS

President & Co-Founder, [International Association for Resilience and Trauma Counseling](https://www.iartc.org)

Member, American Counseling Association International Committee

ACA Traumatology Interest Network Leadership Team

United Nations NGO Committee on Mental Health

Prevent Child Abuse Illinois Board Development Chair

Join IARTC: Contact ACA Membership Services at 800-298-2276 M–F 8:30 am – 5:30 pm, Eastern time zone.

IARTC Website: <https://www.iartc.org>

IARTC Twitter: @IARTC_Thrive

IARTC Inaugural Newsletter: <https://www.iartc.org/about-4>

Together, we thrive!